

LOCKDOWN LANDSCAPES

MAPPING MEMORIES



WORKSHOP 4 FACILITATOR GUIDE

This guide accompanies the Mapping Memories Workshop 4 plan. It is intended to help you to facilitate the session and provides more information on the Lockdown Landscapes project. Please feel encouraged to adapt the workshop plan to best suit the needs of your group. Although the workshops are designed to be completed in an hour, the contents can also be spread over a longer period of time depending on your group and setting.

Before the workshop

Health and Safety

Please be mindful of participant health and safety during your workshop, considering the setting of the session and the needs of the group. The health and safety guidance attached to this pack can be used to assess any risks if needed.

Set up

You will need a screen to show some examples of maps and keys, or you can print these out (colour or black and white) for the participants to have one each or to share in pairs. If using printouts, we recommend printing each image at A4 size.

You may wish to collect a few natural objects (stones, shells, pine cones, sticks, fossils, dried seed heads, bark, leaves) as objects of reference to help your group reminisce. We recommend around 3-5 objects and images, which may be best accessed on a tray with a plain background to aid visibility.

Whilst there are a range of images in the resource pack, feel encouraged to use a selection of your own landscape images if you would prefer.

Consider the atmosphere and environment of the workshop. Due to the sensitive subject matter, a safe space is needed. A safe space is defined as a place or environment in which a person or category of people can feel confident that they will not be exposed to discrimination, criticism, harassment, or any other emotional or physical harm.

During the workshop

Sensitivity

When introducing the workshop, it is important to acknowledge that the session might bring up upsetting or difficult memories. Return to this at the end to offer time or a space to come and talk to you or a trusted person if needed. For more guidance, please refer to the wellbeing support document.

Sharing

Making sure there is enough time to share stories with the whole group is a good way for participants to articulate their experiences further. Any recorded memories and stories that the group share about their landscapes are essential to the wider project.

After the workshop

Taking five minutes directly after the workshop to note any memorable stories or aspects that came up for a lot of the participants might be useful, and could make sharing these with the wider project quicker and easier.

This is a collective project which aims to gather the stories of thousands of people from across the nation. After taking part, participants are encouraged to share their stories with the Arboretum online at thenma.org.uk/lockdown-landscapes

If the group are unable to share their maps and stories themselves, then the facilitator can share on behalf of the participants. Photos of maps or of outdoor spaces can be uploaded to the Arboretum website too.

All of the responses will be brought together, creating a national archive of community experiences that will inspire the ways in which the Arboretum remembers and reflects on the pandemic in the future.